

Patient Health Questionnaire

Date _____

Patient Name _____ **Address** _____

City _____ **State** _____ **Zip Code** _____ **Age** _____

Birth Date _____ **Gender** M F **Status:** Married Single Widowed Divorced Separated

Spousal Information (if they are insured) _____ **Birth Date** _____

Home Phone _____ **Cell** _____ **Email** _____

Employer _____ **Type of Work** _____

Health Insurance Co. _____ **I.D.#** _____ **Group#** _____

Emergency Contact and Number _____ **Relationship** _____

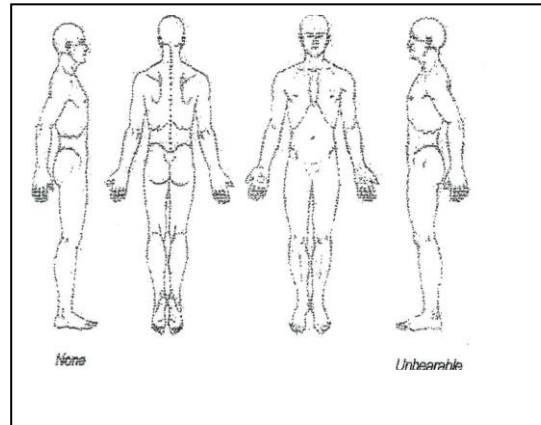
SS# _____

1. Describe your Current Symptoms

- a. When did your symptoms start? _____
- b. How did you symptoms begin? _____

2. How often do you experience your symptoms? Indicate where you have pain or other symptoms

- 1. Constantly (76-100% of the day)
- 2. Frequently (51-75% of the day)
- 3. Occasionally (26-50% of the day)
- 4. Intermittently (0-25% of the day)



3. What describes the nature of your symptoms?

- 1. sharp
- 2. Dull ache
- 3. Numb
- 4. Shooting
- 5. Burning
- 6. Tingling

4. How are your symptoms changing?

- 1. Getting Better
- 2. Not Changing
- 3. Getting Worse

5. Currently:

- a. Indication of the average intensity of your symptoms
- b. How much has your pain interfered with your normal work (including both work outside the home & housework)
 - 1. Not at all
 - 2. A little bit
 - 3. Moderately
 - 4. Quite a bit
 - 5. Extremely

0 1 2 4 5 6 7 8 9 10

6. Since your pain began, how much of the time has your condition interfered with your daily activities?

- 1. All of the time
- 2. Most of the time
- 3. Some of the time
- 4. A little of the time
- 5. None of the time

7. In general, would you say your overall health right now is.....

- 1. Excellent
- 2. Very Good
- 3. Good
- 4. Fair
- 5. Poor

8. Who have you seen for your symptoms?

- 1. No One
- 2. Chiropractor
- 3. Medical Doctor
- 4. Physical Therapist
- 5. Other _____

a) What treatment did you receive and when? _____

9. Have you had similar symptoms in the past? Yes NO (circle one)

a. if YES, did you require treatment for a past/similar condition? Yes NO Condition resolved? Yes NO

Patient Signature _____

Date _____